**SUMMARY**

I am a motivated, results-oriented, versatile and efficient medical doctor with 15 years’ post internship experience in various settings within Africa. My areas of competency and key achievements are in public and primary health. Coupled with good communication and interpersonal skills, I am a quick learner with computer skills and I have undergone several relevant professional trainings.

**CAREER INTERESTS**

Quality Assurance in Primary Health care; Global health; Disaster response and relief work; Gender Based Violence; Mental health; Wellness

**PROFFESSIONAL EXPERIENCE**

**North Star Alliance:** Medical Oversight Officer, *10/2019 – Present*

* Head of the medical programme globally (East and Southern African regions-Kenya, Uganda, Tanzania, South Africa, Mozambique, Zimbabwe, Zambia, Lesotho, and Eswatini) with key result areas being quality management, impact, scope development, disaster preparedness and response
* Defining and managing medical and clinical policies, protocols, standard operating procedures and standardised drug list for health promotion, prevention, testing, and treatment and care activities across the North Star Alliance network of Roadside Wellness Centres
* Collaborating with North Star’s frontline healthcare workers and key stakeholders to oversee the development and implementation of a high-quality and effective care management infrastructure, including clinical practice improvement to reduce variation and improve efficiencies
* Reviewing and monitoring logistics and supply chain management of each Roadside Wellness Centre (standardised drug list, drug usage, expiry dates, stock-outs, stock control cards etc).
* Ensuring clinical processes and practices are aligned with standards and indicators established by global and regional bilateral and multilateral bodies, including CDC/PEPFAR, SADC, UNAIDS, USAID and WHO, amongst others.
* Staff management

**The Karen Hospital:** Deputy Chief Medical Officer, *02/2018 - 07/2018*

* Head of clinical department (accident and emergency, laboratory, imaging, pharmacy, physiotherapy and rehabilitation, trainings, bio-medical and maintenance, paediatrics, medical, surgical, obstetrics and gynaecology, satellite clinics and outreaches, wellness)
* Responsible for providing leadership in quality management, clinical governance, ethical practice, direct patient care, insurance claims, capacity building, financial management, information management, the gate -keeper's model of health service provision, infection prevention and control, report writing and medico-legal issues both at the headquarters and 9 branches spread across 4 counties in Kenya

**International Rescue Committee (IRC)**

County Health Manager**:** Panyinjar County with Support to Rubkona County; Unity State; South Sudan,

*11/2016 - 07/2017*

* Programme lead responsible for quality management and supporting of clinical teams through involvement in patient care and disaster response, mobile clinic establishment and management, grant management, staff management, disaster management, SOP review and development, capacity building, coordination, monitoring and evaluation, advocacy, report writing, proposal development, representation and collaboration at county level

Emergency Health Manager**:** Rubkona County; Unity State; South Sudan, *08/2016 - 09/2016-emergency response*

* Programme lead responsible for supporting static and mobile clinical teams and involvement in patient care and outbreak response for the county
* Identifying gaps/needs in the current health response and tailor needs assessments and recommendations accordingly
* Conducting program quality exercises and establishing beneficiary feedback mechanisms, e.g. rapid health facility assessments, patient exit interviews, and/or focus group discussions with community members on service quality

Emergency Response Coordinator**:** Dadaab Refugee Camp; Garissa County; Kenya, *12/2015 - 02/2016*

* Led the IRC response to the 2016 Cholera outbreak in Dadaab through development, implementation and oversight of the cholera emergency response plan.
* Developed and maintained relationships with Ministry of Health, UN, NGOs, donors, partners and other stakeholders, to raise public awareness of IRC response and ensure good co-operation and partnerships
* Involved in the recruitment of emergency response staff for the country programme, providing advice on technical skills and experience as requested
* Regularly assessing and providing feedback and recommendations on the quality of programmes and interventions during field visits and at other relevant times to HQ advisors as well as field staff
* Developed internal response information pack for future outbreak preparedness including requirements and standard operating procedures

Medical Officer in Charge of Outpatient Department and Satellite Clinics**:**  Kakuma Refugee Camp; Turkana County; Kenya, *03/2016 - 07/2016*

* Responsible for ensuring smooth delivery of quality health care to both the refugee and host community populations
* Oversaw the daily outpatient department administration, provision of quality health services to the patients and providing oversight in the day-to-day running of the hospital and satellite clinics
* Participated in writing quality internal and donor reports as per set schedules (monthly, quarterly and annually) on grant activities, indicators and achievements

**International Medical Corps (IMC), Sierra Leone (Port Loko):** Lead Clinician in Ebola Response, *05/2015 - 09/2015-emergency response*

* Led the multi-disciplinary expatriate and national team in Ebola response at Lunsar in Port Loko (nurses, doctors, medical assistants, Infection Prevention and Control team, psychologists, pharmacists, nutritionists and monitoring and evaluation) by Provision of leadership and team management to ensure SOPs were followed and IPC standards upheld particularly to avoid staff infection
* Direct patient care including ward rounds, treatment administration, review of treatment plans and counselling
* Participated in discussion forums on recovery of the primary health care system through the set-up of primary health units designed to ensure infection prevention control standards were upheld and local staff training on IPC and primary health care
* Participated in development of SOPs on handling patient belongings at admission into the Ebola treatment units
* Training of staff on management of viral haemorrhagic fevers and infection prevention and control.
* Oversaw clinical care of Ebola positive patients and their caregivers

**International Organization for Migration (IOM), Liberia (Grand Cape Mount County):** Chief Physician and Deputy Medical Coordinator in Ebola Response, *11/2014 - 03/2015-emergency response*

* Led the multi-disciplinary expatriate and national team in Ebola response at Sinje ETU (nurses, doctors, medical assistants, Infection Prevention and Control team, psychologists, pharmacists, nutritionists and monitoring and evaluation) by Provision of leadership and team management to ensure SOPs were followed and IPC standards upheld particularly to avoid staff infection
* Participated in planning and implementation forums on ideal design and set up of Ebola treatment centres and participated in simulation to ensure completed structures were practical and as per protocols
* In collaboration with WHO and MOH teams, reviewed Ebola clinical SOPs and contributed to their contextualization
* Trained response teams on management of viral haemorrhagic fevers and Infection Prevention and Control
* Direct patient care including ward rounds, treatment administration, SVD delivery of pregnant mothers admitted and in labour, review of treatment plans and counselling.
* Close collaboration and coordination with WASH coordinator to cut transmission rates both in and out of the treatment centre

**Kenyatta National Hospital, Gender Based Violence and Recovery Centre; Nairobi, Kenya:** Gender Based Violence Medical officer, *11/2012 - 12/2013*

* Oversaw the care of Gender Based Violence survivors who presented to the centre
* Capacity building and mentoring in the management of GBV including to MOH, NGOs and private sector facilities and staff
* Participation in coordination meetings and the national gender task force for review of SGBVR guidelines in Kenya
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* Linkage between survivors and the police, local administration and legal support
* Referrals for mental health support, investigations, specialist management
* Clinical management of survivors including treatment planning and implementation, case reports and documentation in PRC forms
* Report writing, other documentation
* Participation in research

**Other Work Experience**

* Part-time Family Physician and consultant: Amber Medical Centre, Family Health Options, Milestone Medical Centre, Equator Meridian Hospital, Milestone Support and wellness centre, on-frontiers:*01/2009 locum staff*
* Clinical care of patients
* Participation in health promotion activities including wellness screening and health education
* Mentorship and on the job capacity building of resident health teams
* Program development and management
* Team leadership and management
* Senior Medical Officer in Accident and Emergency - Communicable and Non-communicable Diseases **-** Kenyatta National Hospital (KNH);Nairobi County, Kenya: *Jan 2014- Nov 2014*
* Medical Officer - Communicable and Non-communicable Diseases **-**Family Health Options (FHOK); Nairobi County; Kenya: *January 2012**to November 2012*
* Medical Officer Accident and Emergency Department at KNH with locums in private facilities including Meridian Equator Hospital, MeridianClinics, Canaan Hospital, Metropolitan, Clinix, Health Ways among others: *April 2008 to December 2011*

**Volunteering and internship experience**

* Volunteer Emergency Operations Officer: Kenya Red Cross Society(KRCS): *11/2017 - Present, (life member)*
* Volunteer Doctor:Impfondo Mission Hospital, Congo: *07/2009*
* Disaster Response Intern:Emergency Operations Centre Nairobi; KRCS: *09/2017 - 10/2017*
* Intern Medical Officer: Kakamega Provincial Hospital: *04/2006 - 04/2007*

**ACHIEVEMENTS**

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| **Achievement** | **Details** | **Organisation** |
| Participation in research | 1. Psychoactive substance use among GBV survivors at KNH, Kenya (report underway):Applied and was awarded funding as Principle investigator  2. Psychoactive substance use among HIV patients at KNH CCC, Kenya (report underway): Applied and was awarded funding as Principle investigator  3.Ovarian cancer in Kenyatta National Hospital in Kenya: Characteristics and management**\***(published): data manager (<https://www.scirp.org/html/7-1430327_27694.htm>): Led data collection and participated in analysis  4. Evaluation of COVID-19 response along transport corridors in sub-Saharan Africa: Principle investigator (Data collection expected in 2021)  5. Quality improvement of Crisis Response Team interventions for Gender Based Violence among Sex Workers during the COVID-19 pandemic in Victoria falls, Zimbabwe: Principle investigator (Ethics approval expected in 2021) | Kenyatta National hospital; North Star Alliance |
| Participation in publication | 1. Immediate impact of COVID-19 on mental health and its associated factors among healthcare workers: A global perspective across 31 countries (<http://www.jogh.org/documents/issue202002/jogh-10-020381.htm>)  2. Case Report Of Confirmed Cholera In 18 Day Old Neonate In Dadaab (<http://www.ijiras.com/2018/Vol_5-Issue_9/paper_43.pdf>)  3. National Health Sector Standard Operating Procedures on Management of Sexual Violence in Kenya (<https://www.law.berkeley.edu/wp-content/uploads/2015/10/Kenya_National-Health-Sector-SOPs-on-Mgmt-of-SV-in-Kenya_2014.pdf>)  4. Personal Health blog and media publications: <https://www.milestonemedical.org/blog/> | North Star Alliance; International Rescue Committee; Kenyatta National Hospital; Milestone Medical Centre |
| Primary health programme design and set up | 1. Quality assurance by performing continuous quality improvement activities including assessments, capacity building, SOP development and review. Teamed with M&E to establish Organisational strategic indicators as part of quality assurance in North Star Alliance  2. Set up of mobile clinics in hard to reach areas to provide primary health care services to local populations  2. Building liaison with other agencies for integration and collaboration  3. Setting up primary health care units | IRC, South Sudan; IMC, Sierra Leone (Port Loko); IOM, Liberia (Grand Cape Mount County); Milestone medical centre, Kenya, North Star Alliance |
| Streamlining clinical service operations | 1. Quality assurance through SOP development, staff management, capacity building, internal and external coordination, participation in ISO accreditation processes for clinical services, setting of strategic objectives  2. Organisational representation in various forums | IRC, South Sudan; IMC, Sierra Leone (Port Loko); IOM, Liberia (Grand Cape Mount County); Karen hospital, Nairobi, Kenya; Milestone medical Centre, North Star Alliance |
| Emergency preparedness and response | 1. Established Infection Prevention and control systems in North Star Alliance, Designed and implemented COVID-19 emergency response plan across 21 sites located in 9 countries  2. Co-ordination of emergency/disaster response to disease outbreaks (Ebola, cholera, malaria, COVID-19 pandemic)  3. Organisational representation in various forums nationally and internationally in disaster preparedness and response forums  4. Quality assurance through streamlining clinical operations in line with disaster preparedness principles, Standard Operating Procedures development, program development  5. Proposal writing, report writing  6. Budget management  7. Mobile clinic set up | IMC, Sierra Leone (Port Loko); IOM, Liberia (Grand Cape Mount County); IRC; Kenya (Dadaab and Kakuma refugee camps); South Sudan; North Star Alliance (Kenya, Uganda, Tanzania, Zambia, Zimbabwe, Mozambique, Lesotho, Eswatini, South Africa) |
| Gender based violence recovery programme management | 1. Participated as a representative of KNH in editing Kenya national guidelines on SGBV  2. Clinical management of GBV survivors  3.Setting up community GBV support groups  4. Coordination and setting up of staff debriefing sessions, conducting GBV training for health workers  5. Proposal writing, report writing,  6. Participation in SOP development for Crisis Response Teams which are a community based innovation for GBVR and Integration of HIV care among GBV survivors | Kenyatta national hospital, Kenya; Milestone medical centre, Kenya; North Star Alliance |
| Capacity building | Designed in participated in delivering several trainings and CMEs in the various organisations(In person trainings as well as virtual)  *Notable:*  1. In 2020 established virtual self-paced training modules on COVID-19 response for staff located in 21 sites across 10 countries  2. In 2020 successfully applied for CPD accreditation of North Star Alliance from the KMPDC in Kenya to allow for CMEs offered internally to gain CPD points  3. 2016: Successfully designed and implemented in person training on Cholera response for multiple partner organisations in South Sudan  3. 2014: Ebola training for national staff in Sinje ETU , Liberia  4. 2015:  -Ebola training for national staff in Lunsar ETC, Port Loko, Sierra Leonne  -Successfully designed and implemented in person training on Cholera response for IRC emergency response team in Dadaab refugee camp-Hagadera | KNH, IOM, IMC, IRC, Karen Hospital, North Star Alliance |

**TECHNICAL SKILLS**

1. Clinical care: Family practitioner with counselling, surgical skills in minor procedures and Caesarean sections

2. Program design and management: Proposal writing, reports, monitoring and evaluation, budget management, staff management, team leadership and management

3. Disaster management: Preparedness, response and recovery

4. Research

5. Capacity building: stand-alone training, on the job trainings, mentorship, coordination and collaboration

6. Policy development: Drafting policies and actively participating in their development

7. Quality management: participation in development and management of quality improvement systems

**EDUCATION**

**1. Masters in Family Medicine:** University of Edinburgh

*09/2018 – Present,* completion expected in 2021

**2.** **Global health certificate trainings**: University of Washington

* Mental health -University of Washington (01/2021-04/2021)
* Implementation Science - University of Washington (09/2020 - 12/2020)
* Policy and Advocacy in Global Health - University of Washington (09/2020 - 12/2020)
* Monitoring and Evaluation (06/2020 - 09/2020)
* Epidemiology - University of Washington (01/2020 - 04/2020)
* Project Management - University of Washington (01/2020 - 04/2020)
* Leadership and Management Training - University of Washington (02/0219 - 06/2019)

**3. Certificate in Health Emergencies in Large Populations:** ICRC and KRCS

*05/2017*

**4. Disaster Management Specialist Certificate:** IFRC, TISS

*04/2016 - 09/2017*

**5. Master’s in Public Health:** Moi University AMREF training Centre

*2012 – 2015- Course work completed. Thesis submitted for marking, awaiting university results*

**6. MBChB:** University of Nairobi, Kenya

*1999 - 2006*,

**PROFESSIONAL TRAININGS IN THE PAST 3 YEARS**

1. August 2018**:** Advanced cardiac life support- Refresher

2. March 2018**:** Performance management training by Interlink consultants in Nairobi, Kenya

**PREVIOUS TRAININGS**

Viral haemorrhagic fevers, HIV and TB, Basic surgical skills, advanced trauma life support, advanced cardiac life support, Monitoring and evaluation, gender based violence management, incident command systems, research methodology for managers and leaders, comprehensive abortion care and reproductive health.

**CONFERENCES ATTENDED IN THE PAST 2 YEARS**

1. November 2020**:** Represented North Star Alliance in the Geneva Health Forum

2. December 2019:Represented North Star Alliance at the ICASA conference in Kigali, Rwanda

3. November 2019: Attended the 2nd edition of the AfricaHealthcare summit In Nairobi Kenya

4. June 2018**:** Representing the Karen hospital at the Africa Healthcare summit In Nairobi Kenya

**AWARDS/GRANTS**

1. Common wealth scholarship for fully funded Masters in Family Medicine (2018)

2. Kenyatta National Hospital Research funding on HIV and psychoactive substance use (2014)

3. Kenyatta National Hospital Research funding on GBV and psychoactive substance use (2013)

**MEMBERSHIPS AND AFFILIATIONS**

Kenya medical association; Kenya Association of Family Physicians; Kenya Red Cross Society; Kenya Medical Practitioners and Dentists’ Council, Health Systems Management Association of Kenya; Emergency medicine Kenya foundation; Social Enterprises Society of Kenya